

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

November 11th 2021

World Athletics Air Quality project in Sport@COP a side event held at COP26 (but no ScoMo)

More than a dozen athletes (including race walker Evan Dunfee) from four continents, including reigning Olympic champions Eliud Kipchoge of Kenya and Neeraj Chopra of India, contributed to 'We can still fix this: Athlete Messages for COP26', a powerful four-minute video by World Athletics to coincide with the start of the COP26 United Nations Climate Summit in Glasgow.

“We as athletes, whether we like it or not, are role models, and we can choose to stand up for what we believe in,” said Eliza McCartney of New Zealand, the 2016 Olympic bronze medallist in the pole vault. “We can choose to stand with the scientists, the indigenous peoples and the children of our planet. We can add our voices to those saying we will not stand by and accept the irreversible damage that has happened to our planet.”

“Today, our global community has a common goal ahead of us: to save our world from the ill effects of climate change,” Chopra, the Olympic javelin throw gold medallist, said. “For this, we all need to come together and work as one team.”

“As an Olympic race walker I've walked my city more than anybody else,” said Canadian Evan Dunfee, who raced to Olympic bronze in the 50km race walk in Sapporo earlier this year. “I'm acutely aware of how our past decisions have literally fractured our cities, making them less amenable to active transport and directly contributing to the ongoing climate crisis.”

“The science is clear – we must act decisively to combat climate change and we must act now,” said World Athletics President Sebastian Coe. “I'm proud of the way our athletes are responding to this great global challenge. The way they're becoming engaged in the issues. And the way they are using their voices to encourage their fellow athletes, fans and elected leaders. The message is that we must all work together for a healthy environment, for the future of our sport and the future of our planet. We should pay attention.”

The participating athletes: Luminosa Bogliolo (ITA), Neeraj Chopra (IND), Rhydian Cowley (AUS), Lisanne de Witte (NED), Evan Dunfee (CAN), Eliud Kipchoge (KEN), Eliza McCartney (NZL), Paula Radcliffe (GBR), Davide Re (ITA), Patrick Sang (KEN), Katerina Stefanidi (GRE), Christian Taylor (USA), Milan Trajkovic (CYP) and Elena Vallortigara (ITA).

The World Athletics Air Quality project shared centre stage in Sport@COP, a side event held at COP26, the United Nations (UN) Climate Change Conference, in Glasgow, Scotland, on Monday 8th. The all-day event, which included participants taking part virtually and in-person, kicked off with an athletes assembly, a closed hour-long peer-to-peer session on athlete activism for climate change, providing elite level athletes an opportunity to ask questions, learn, and network with peers. The programme continued with a sport sustainability showcase which included presentations about how several regional associations around the world, including the Green Sport Alliance in North America, the Sports Environment Alliance in Oceania and the Sport Ecology Group, an organisation of academics producing ground-breaking research into the intersection between climate change, sustainability and sport. Paolo Emilio Adami, the Medical Manager at the World Athletics Health and Science Department, discussed the air quality project, highlighting some of the pioneering work his team has produced since the inception of the project in 2018. Air quality monitoring will continue in 2022 at each World Athletics Series event, Adami said, as well as at several World Athletics Indoor Tour meetings, at each stop of the Wanda Diamond League as well as several mass participation road running events.

RESULTS RESULTS RESULTS

QMA Saturday November 6th

The Masters meet at QSAC on Saturday saw three of the best 3,000 metres walks seen this track season in Queensland. Clara Smith did a sizzling time of 13:01 and Camryn Novinetz continued her comeback with a fast 14:22. Iggy Jimenez turned back the years with a seasons best time of 13:55. These three have really raised the bar for the remainder of the track season.

W29&U 3,000 Metre Race Walk

- 1 Smith, Clara W23 13:01.51 (13:01.52 88.93%)
- 2 Novinetz, Camryn W18 14:22.91 (14:22.92 80.54%)

Masters

3,000 Metre Race Walk

- McKinven, Noela W79 Qld Masters 25:41.87 (16:57.95 68.27%)
Jimenez Solis, Ignacio M56 Qld Masters 13:55.07 (11:38.46 90.40%)
Sela, Patrick M82 Qld Masters 25:17.15 (15:46.25 66.73%)

1,500 Metre Race Walk

- Woodward, Erika W55 Qld Masters 8:23.51 (7:07.99 78.74%)
McKinven, Noela W79 Qld Masters 12:55.79 (8:42.81 64.46%)

Age Graded Times & Percentages in Brackets

Track Race Walks Coming Up

QMA Meets

Saturday November 13th

8.00am 5,000m Walk

Saturday November 27th

8.00am 3,000m Walk

9.45am 1 Mile Walk

Saturday 4 December 4th

8.00am 2,000m Walk

Wednesday December 8th

7.00pm 5,000m or 3,000m Walk

8.30pm 1,500m Walk

Important Information for Masters athletes and Juniors wanting to compete as a Visitor at QMA meets.

All members, visitors and accompanying persons MUST check in at the gate using the Queensland QR code.

QMA members are requested to register and pay ground fees on-line.

Visitors and members unable to register on-line will be able to enter and pay ground fees (\$10 cash) at the track on the morning.

Current singlet numbers must be worn. Visitors will receive a temporary number.

New numbers will be issued later in the season to members who have renewed and new members.

QA Dane Bird-Smith Shield SAC

December 4th

6.00pm 3,000 metres M/F

6.30pm 5,000 metres M/F

2021 Australian Winter Road Walk Championships – **Postponed**

2021 Australian Cross Country Championships – **Cancelled**

**AUSTRALIAN MASTERS ATHLETICS
CHAMPIONSHIPS 2022**



**Brisbane, Queensland
1 April to 4 April 2022**

Draft Program

Friday April 1st

1,500m Walk

Saturday 2nd April 2nd

5,000m Walk

Sunday April 3rd

10km Road Walk

Registration Opens 3rd January 2022

Registration for the 2022 Championships will not open until 3rd January 2022, and the final closing date for receipt of entries will be 7th March 2022. At this stage the intent is to maintain the 2020 entry fees, which are \$60 "early-bird" admin fee for those who register by 21st February 2022, else the admin fee will be \$110. In addition, entry fees will be \$20 per event.



Commonwealth Games Walks

Saturday August 6th

Women's 10,000m Walk Final

Sunday August 7th

Men's 10,000m Walk Final

Have you Registered for the Track Season ?



Qld Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership. More information can be found below or at

<https://cdn.revolutionise.com.au/site/qqmoo3oyiea1blrd.pdf>

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2022.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2022 and will cover the traditional QRWC winter racewalking season.

Please do not hesitate to contact QRWC Registrar Jenny Stuckey qrwcregistrar@gmail.com if you have any questions about the membership options or registration/renewal process.

QRWC is a Queensland Athletics - associated track and field club.

"Queensland Athletics has no intention of changing the recognition and registration of the Queensland Race Walking Club and any such rumours are completely unfounded." QA CEO David Gynther

Racewalking Queensland Management Committee 2021/22

President: P Bennett

Secretary/Treasurer: N. McKinven

Vice President. I Jimenez

Committee: J Stuckey, S McCure, J-R McRoberts, S Pearson, D Millard, K Martin

Patrons: Patrick & Maxine Sela

Registrar: J Stuckey / C Chadwick

Equipment J McRoberts

Uniforms: J Stuckey

Publicity / Media C Chadwick

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

grwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>