

*Queensland Race Walking Club Inc.*

*Building on a fine tradition of race walking, 63 years in the making.*



## HEEL & TOE

September 20<sup>th</sup> 2018

### Around Taihu International Race Walk



Dane and Dave are off on another whirlwind overseas adventure! All the best to Dane as he chases another win in the Around Taihu International Race Walk competition in China

This IAAF Sanctioned meet is over three stages from September 24-26<sup>th</sup>.

Stage 1-Taihu: 20km

Stage 2-Wuzhong Taihu New City: 12km

Stage 3-Mudu: 12km

### **End of a Great Season Relays/BBQ/Trophy Day**

The 2018 road walk season wound up with a fun filled day last Sunday. The relays at Kalinga Park had nine teams lined up and hungry for success with most competitors satisfied with the efforts of the unbribable handicapper! After a hard fought out race the “The Dream Team” of Amber Tofful, Katy Price, Dane Bird-Smith and Mackenzie Ofield emerged victorious to take home the Bill Cook trophy.

After the relays we adjourned to our hosts house at Stafford for a delicious lunch and a table groaning with a wonderful looking assortment to cakes and other goodies. We have

to send a special thank you to Iggy & Gladys for inviting us all into their home and for being such gracious hosts. Thank you to everyone who helped out with the food preparation, cooking, serving and the clean-up.



Shane & Noela carried out the presentation of trophies assisted by Dave, Robyn, Ralf and Steve. Congratulations to all the winners. The road season has now come to an end and many of our athletes now move onto the track season. We look forward to seeing you all back at our road walk meets in 2019.

**QRWC PERPETUAL TROPHIES 2018**

U10 Girls Harrison Trophy	Charlotte Brady
U12 Girls	Lyla Williams
U14 Girls	Jayda Anderson
U16 Boys 5km	Nelson McCutcheon
U18 Women 5km	Katie Hayward (2016, 2017, 2018)

Open Men Championship	Ignacio Jimenez
Open Men 15km Championship	Ignacio Jimenez
Dave Smith 20km	Ignacio Jimenez

Bill Cook Handicap Relay “The Dream Team “Amber Tofful, Katy Price, Dane Bird-Smith, Mackenzie Ofield (Individual *relay times in the newsletter next week*)  
Pat & Maxine Seal Trophy - Most Impressive Dane Bird-Smith

*No quarter given even in a fun relay*





*QRWC "Best Race Walking Club in Qld" award for the 63<sup>rd</sup> year in a row!*

## COMING UP



*Dream Team plus mascots*

### **2018 Club Handicap Trophies**

#### **A Grade Men**

- 1<sup>st</sup> Ignacio Jimenez
- 2<sup>nd</sup> Peter Bennett
- 3<sup>rd</sup> Mark Carlile

#### **A Grade Women**

- 1<sup>st</sup> Noela McKinven
- 2<sup>nd</sup> Jessica Pickles

#### **B Grade Men**

- 1<sup>st</sup> Patrick Sela



2<sup>nd</sup> Jonathan Wearne

**B Grade Women**

1<sup>st</sup> Amelia Schofield

2<sup>nd</sup> Mackenzie Ofield

**C Grade Men**

1<sup>st</sup> Kai Norton

2<sup>nd</sup> Sam McCure

**C Grade Women**

1<sup>st</sup> Amber Norton

2<sup>nd</sup> Jasmine-Rose McRoberts

3<sup>rd</sup> Torryn Fisher

**D Grade Women**

1<sup>st</sup> Robyn Wales

2<sup>nd</sup> Amber Tofful

3<sup>rd</sup> Lyla Williams

**E Grade Boys**

1<sup>st</sup> Myles Callaghan

2<sup>nd</sup> Charlie Capps

3<sup>rd</sup> Jacob Petrovic

**E Grade Girls**

1<sup>st</sup> Charlotte Brady

**F Grade Boys**

1<sup>st</sup> Flynn Callaghan

**F Grade Girls**

1<sup>st</sup> Makenna Clarke

2<sup>nd</sup> Siaan Fisher

3<sup>rd</sup> Chelsea Capps

*Enjoying the free entertainment*





*Do cakes and swimming mix?*

## **QRWC CLUB CHAMPIONSHIPS 2018**

### **Open Men**

- 1<sup>st</sup> Ignacio Jimenez
- 2<sup>nd</sup> Argenis Guevara
- 3<sup>rd</sup> Patrick Sela

### **Open Women**

- 1<sup>st</sup> Noela McKinven

### **U18 Women**

- 1<sup>st</sup> Caitlin Hannigan
- 2<sup>nd</sup> Charlotte Hamann

### **U16 Men**

- 1<sup>st</sup> Jonathan Wearne

### **U16 Women**

- 1<sup>st</sup> Amelia Schofield
- 2<sup>nd</sup> Jasmine-Rose McRoberts

### **U14 Boys**

- 1<sup>st</sup> Kai Norton
- 2<sup>nd</sup> Sam McCure

**U14 Women**

- 1<sup>st</sup> Jayda Anderson
- 2<sup>nd</sup> Ashanti Heap
- 3<sup>rd</sup> Mackenzie Ofield

**U12 Men**

- 1<sup>st</sup> Myles Callaghan

**U12 Women**

- 1<sup>st</sup> Lyla Williams
- 2<sup>nd</sup> Rebecca Teahen
- 3<sup>rd</sup> Kamara Stewart

**U10 Boys**

- 1<sup>st</sup> Flynn Callaghan

**U10 Girls**

- 1<sup>st</sup> Makenna Clarke
- 2<sup>nd</sup> Siaan Fisher
- 3<sup>rd</sup> Charlotte Brady

**QRWC TRACK CHAMPIONSHIPS 2018****Open Men 5000m**

- 1<sup>st</sup> Ignacio Jimenez
- 2<sup>nd</sup> Peter Bennett
- 3<sup>rd</sup> Argenis Guevara

**Open Women 5000m**

- 1<sup>st</sup> Brenda Gannon
- 2<sup>nd</sup> Di Adams
- 3<sup>rd</sup> Noela McKinven

**U18 Women 5000m**

- 1<sup>st</sup> Caitlin Hannigan
- 2<sup>nd</sup> Jasmine Rose McRoberts
- 3<sup>rd</sup> Charlotte Hamann

**U16 Men 3000m**

- 1<sup>st</sup> Nelson McCutcheon
- 2<sup>nd</sup> Jonathan Wearne

**U16 Women 3000m**

- 1<sup>st</sup> Camryn Novinetz
- 2<sup>nd</sup> Mackenzie Ofield
- 3<sup>rd</sup> Larissa Vickers

**U14 Men 1500m**

- 1<sup>st</sup> Kai Norton

**U14 Women 1500m**

- 1<sup>st</sup> Jayda Anderson
- 2<sup>nd</sup> Anika Clarke
- 3<sup>rd</sup> Ashanti Heap

**U12 Boys 1500m**

- 1<sup>st</sup> Myles Callaghan
- 2<sup>nd</sup> Sam McCure

- 3<sup>rd</sup> Jacob Petrovic  
**U12 Girls 1500m**  
1<sup>st</sup> Lyla Williams  
2<sup>nd</sup> Alejandra Hannouf  
3<sup>rd</sup> Rebecca Teahen  
**U10 Boys 1000m**  
1<sup>st</sup> Flynn Callaghan  
**U10 Girls 1000m**  
1<sup>st</sup> Makenna Clarke  
2<sup>nd</sup> Chelsea Capps  
3<sup>rd</sup> Siaan Fisher



**ENTRIES ARE NOW OPEN**

**Entries Close: •Wednesday 31 October 2018**

**Come on Queensland walkers get your entry in. There are currently more walkers entered coming from New South Wales!!**



The QRWC is the host organisation for Athletics - Road Race Walks for the 2018 Pan Pacific Masters Games. The road walks will take place on the Luke Harrop Criterium Circuit next to the Sports Super Centre at Runaway Bay on Sunday November 11th 2018.

Every entry in the 10km road walk will benefit the club so please spread the word amongst your Masters friends.

**Any club members who wishes to assist with the running on the meet on Sunday November 11<sup>th</sup> as a judge, lap scorer, timekeeper, water station, canteen etc please advise Peter Bennett via email at [peter.bennett@live.com](mailto:peter.bennett@live.com) Thank you.**

**There will be the traditional after race sumptuous bbq breakfast thanks to the generosity of our wonderful Co Patrons, Pat & Maxine. Than you so much for this kind invitation.**

<https://mastersgames.com.au/ppmg/sports/athletics-road-race-walk/>

Dates & Times •Sunday 11 November 2018: 7am start

•10km Road Race Walk

Age Requirements

•Age is determined as at 11 November 2018

Fees: Sport Fee: \$20 per person / Games Fee: Competitor: Standard – \$140

### **TRACK WALKS SCHEDULE**

Friday November 9<sup>th</sup> 9.00am 5,000 metres M/W

Saturday November 10<sup>th</sup> 11.30am 3,000 metres MW

## **2019 OMA CHAMPIONSHIPS MACKAY QLD**



**Date: 31 August to 7 September 2019**

### **QA Registration for Volunteers**

The club encourages all club volunteers, officials, committee members and coaches to register with Queensland Athletics through their Free member option. This membership is valid up until 30th September 2018 and includes coverage for Personal Accident Insurance under the National Insurance Program.

Go to the QA website membership page and register as a QRWC volunteer.

<http://www.qldathletics.org.au/Membership/Membership-Information>



## **Beginners race walk judging course**

AA have developed an on-line Level 1 race walk judging course.

<http://athletics.com.au/Officials/Level-1-Important-Information>

Once you have completed this course ask to stand with one of our qualified judges at a road walk meet to learn practical side of judging.

### **Coming Up .....**

September 23<sup>rd</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

September 29<sup>th</sup> Qld Masters Athletics 3,000 metres SAC 8.00am

October 6<sup>th</sup> Maryborough Annual Day/Night Carnival and Masters Games

October 7<sup>th</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

October 19-20<sup>th</sup> Qld School Sport 10-12 Years Championships Cairns

October 21<sup>st</sup> Gold Coast Masters 3/5,000 metres Griffith University 8.00am

October 25-28<sup>th</sup> Queensland School Sport 13-19 Years Championships QSAC Nathan

October 6<sup>th</sup> Qld Masters Athletics 5,000 metres SAC 8.00am

October 20<sup>th</sup> Qld Masters Athletics 3,000 metres SAC 8.00am

October 31<sup>st</sup> Qld Masters Athletics 30 minutes SAC 7.00pm

November 1<sup>st</sup> 1,500 metre Classic University of Queensland St Lucia

November 10<sup>th</sup> Qld Masters Athletics 5,000 SAC metres 8.00am

November 11<sup>th</sup> PPMG 10km Road Walk Runaway Bay 7.00am

November 17<sup>th</sup> Qld Masters Athletics 3,000 metres Spiral Handicap SAC 8.00am

November 28<sup>th</sup> Qld Masters Athletics 10,000 metres SAC 7.00pm

December 1<sup>st</sup> Qld Masters Athletics 5,000 metres SAC 8.00am

December 2<sup>nd</sup> AA 50 km Championships & 20km Invite events Melbourne.

December 7-9<sup>th</sup> Australian All Schools Track Championships Cairns

December 8<sup>th</sup> Qld Masters Athletics 3,000 metres SAC Memorial Day 8.00am

## **2019**

March 7-10<sup>th</sup> Queensland Athletics Championships (U14-Open) QSAC

March 30<sup>th</sup> – April 7<sup>th</sup> Australian Athletics Championships (U14-Open) Sydney

April 13-14<sup>th</sup> Queensland Masters Athletics Championships State Athletics Facility SAC

April 26-29<sup>th</sup> Australian Masters Athletics Championships Melbourne Lakeside Stadium

May 25<sup>th</sup> Great Barrier Reef Masters Games

August 31<sup>st</sup> Oceania Masters Games Mackay

## ***Racewalking Queensland***

*(Trading at the Queensland Race Walking Club Inc. ABN 59065512712)*

### **Racewalking Queensland Management Committee 2018/19**

**President:** S. Pearson

**Secretary:** N. McKinven

**Vice President.** P Bennett

**Treasurer** R Hamann

**Committee.** C Goulding, I. Jimenez, S. Langley J. Pickles, R. Wales, J. Westlin.

**Patrons:** Patrick & Maxine Sela

**Delegates to QA:** R. Wales, S. Pearson

**Equipment Officers:** A. Wearne

**Registrar:** A. Wearne

**Canteen Committee:** M. Sela, S. Wearne, J. Westlin.

**Handicapper/Results:** N. McKinven

**Selectors:** S. Langley/I. Jimenez

**Social Media/Publicity:** J. Pickles

**Director of Coaching:** D. Smith

**Trophy Officer:** N. McKinven

**Newsletter Editor:** P. Bennett

**Webmaster:** A. Wearne

**Club Captains.** J Pickles, P. Lindenberg

### **QRWC Annual Subscriptions 2018/19**

#### **Registration Fees**

Family \$40

Students & Officials \$15

Others \$25

To register with Queensland Athletics, you must use their On-Line Registration.

Go to [www.qldathletics.org.au](http://www.qldathletics.org.au)

### **Race Day Fees**

Students \$ 4 / Others \$6

Club Championships: Road \$8 / Track \$10

**Season Ticket** \$60/\$30 (for students) per athlete

**QRWC Website:** [www.qrwc.com.au](http://www.qrwc.com.au)

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

[qrwcregistrar@outlook.com](mailto:qrwcregistrar@outlook.com) Club membership enquiries and information

### **About us ....**

*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to [www.rwa.org.au](http://www.rwa.org.au)

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>