

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

March 18th 2021

Queensland Little Athletics State T&F Championships 2021 Friday March 19th QSAC

It is the turn of our youngest athletes to shine at the Queensland Little Athletics Track Championships. All the very best to all the competitors in the walk events tomorrow.

Friday 19th

3:00pm

Girls U11 1100m Race Walk

Boys U11 1100m Race Walk

3:25pm

Girls U10 1100m Race Walk

Boys U10 1100m Race Walk

3:50pm

Girls U9 700m Race Walk

Boys U9 700m Race Walk

6:25pm

Girls U12 1500m Race Walk

Boys U12 1500m Race Walk

6:50pm

Girls U14 1500m Race Walk

Boys U14 1500m Race Walk

7:05pm

Girls U13 1500m Race Walk

Boys U13 1500m Race Walk

7:30pm

Girls U15 1500m Race Walk

Boys U15 1500m Race Walk

Girls U16 1500m Race Walk

Boys U16 1500m Race Walk

Girls U17 1500m Race Walk

Boys U17 1500m Race Walk

Results Results Results

Congratulations to all our new race walking State Champions and well done to all competitors in the hot and trying conditions.

Queensland Sport & Athletics Centre
2021 Queensland Athletics Championships
Saturday March 13th
Women 3,000 Metre Race Walk Under 14

1 Sharpe, Milly 13 GLD 16:01.78
2 Clarke, Makenna 12 Redlands Athletics 17:07.17

Women 3,000 Metre Race Walk Under 15

1 Williams, Lyla 14 Gold Coast Victory 15:30.41
2 Gee, Tamika 14 GCA 16:05.78
3 Hingst, Olivia 14 QA 18:40.72
-- Goulding, Lily 14 QA DQ

Women 3,000 Metre Race Walk Under 16

1 Norton, Amber 15 QA 15:05.19
2 Heap, Ashanti 15 GCA 15:57.89
3 Lawson, Piper 15 Redlands Athletics 17:11.70
4 Chadwick, Phoebe 15 QA 18:19.82
5 Housden, Lily 15 QA 19:19.22

Men 3,000 Metre Race Walk Under 14

1 Teasel, Bailey 13 Gold Coast Victory 18:35.53
2 Dale, Kai 13 Gold Coast Victory 18:55.04
-- Wheeley, Noah 12 Redlands Athletics DQ
-- Bricknell-Hewitt, Korbyn 12 Gold Coast Victory DQ

Men 3,000 Metre Race Walk Under 15

1 Housden, Bailey 14 QA 14:00.20
2 Wheeley, Roel 14 Redlands Athletics 20:55.94

Men 3,000 Metre Race Walk Under 16

1 McCure, Sam 15 QA 13:53.54
2 Bradley, Alex 15 QA 15:16.37
3 Bannister, Jack 15 USC 15:50.49

Women 5,000 Metre Race Walk Under 17

1 Anderson, Jayda 16 GCA 24:35.42
2 Millard, Summer 16 QA 27:44.
3 Clarke, Anika 16 Redlands Athletics 29:37.12
4 Bergh, Mia 16 Gold Coast Victory 31:52.60
5 Porter, Sophie 16 QA 33:12.34
6 Brady, Korey 16 QA 33:34.06

Women 5,000 Metre Race Walk Under 18

1 Ofield, Mackenzie 17 USC 31:08.31

Men 5,000 Metre Race Walk Under 17

1 Norton, Kai 16 QA 27:32.62

Men 5,000 Metre Race Walk Under 18

1 Spanner, Jye 17 Keppel Coast 26:16.72

Sunday March 14th

Women 10,000 Metre Race Walk Under 20

1 Hill, Gabriella 18 GCV 54:37.23
2 McRoberts, Jasmine-Rose 19 QA 1:08:03.48
3 McLoughlin, Amber 19 QA 1:14:30.40

Women 10,000 Metre Race Walk Open

1 Hayward, Katie 21 GCA 46:17.88
2 Smith, Clara 23 UNQ 54:36.68
3 Gannon, Brenda 47 QA 1:01:17.28
-- Benzenati, Eleya Kenza 24 QUT DNF

Men 10,000 Metre Race Walk Under 20

1 Whatman, Riley 18 NSW 56:24.44

Men 10,000 Metre Race Walk Open

1 Jimenez Solis, Ignacio 56 QMA 51:41.56

QRWC Winter Road Walk Season

The 2021 Winter Road Walk season will kick off on Sunday April 11th with a Sign on Day and Annual General Meeting at the Logan River Parklands, Beenleigh.

**Sign-On Day /AGM Schedule
Sunday April 11th Beenleigh**

No points races

8.00am 5km

8.30am 3km

9.00am 2km / 1km

9.30am AGM

**Sunday April 18th Aurora Park, North Lakes
Age Races & Handicap #1**

8.00am A Grade 10km

8.15am E Grade .5km / F Grade 1km

8.30am B Grade 5km

8.45am C Grade 3km / D Grade 2km

Draft for the first half of the season

April	4	Easter Sunday	
	11	QRWC Sign On Meet /AGM	Beenleigh NO POINTS
	13-17	AA Track Championships - Walks	Sydney
	18	QRWC Handicap Meet 1	North Lakes
Saturday	24	QRWC Handicap Meet 2	Kalinga Park
	25	ANZAC Day	No club competition
May	2	QRWC Handicap Meet 3	Beenleigh
	9	Mother's Day	No club competition
	16	Gold Coast Championships	Mudgeeraba
	23	QRWC Handicap Meet 4	Morningside
	30	QRWC Handicap Meet 5	TBA
June	6	LBG Federation Meet	Mt Stromlo Canberra

NOTICE – ANNUAL GENERAL MEETING
Queensland Race Walking Club Inc known as Racewalking Queensland

Notice is hereby given that the Annual General Meeting of the Queensland Race Walking Club Inc. will be held at Logan River Parklands, Beenleigh on Sunday, 11th April, 2021 commencing at 9.30am. All positions within the club will be declared vacant at the meeting

The Business of the meeting will be

- * Meeting The Receiving and Confirmation of the minutes of the 2020 Annual General Meeting
- * The Receiving of the Management Committee Report for 2020
- * The Receiving and Adoption of the Statement of Income and Expenditure, Assets and Liabilities for the financial year
- * The election of the Officers and other members of the Management Committee
- * The Appointment of a Patron
- * The Appointment of a Registrar
- * The Appointment of an Equipment Officer
- * The Appointment of a Canteen Convenor
- * The Appointment of a Newsletter Producer

- * The Appointment of a Handicap/Results Person
- * The Appointment of Publicity/Media Persons
- * Any appropriate General Business

NOMINATIONS are invited for the following positions for 2021

*President	*Vice President	*Secretary	*Treasurer
Registrar	Equipment Officer	Canteen Convenor	
Newsletter Producer	Handicap/ Results	Publicity/Media Persons	

*Not less than one (1) nor more than six (6) other committee members with the number to be decided at the Annual General Meeting

Positions marked with * are members of the Management Committee

All nominations to be forwarded to the Returning Office Noela McKinven at noelarhoda@gmail.com

All QRWC memberships for 2021/2012 become due on April 1st.

The club has now been changed over to the new season and new payment classes installed.

Members to go to the page

<https://www.revolutionise.com.au/qldracewalkingclub/registration/> and enter their National ID, Surname and DOB - click RENEW if you have been on RevSport before and the new payment classes will be there to select.

If you have any problems or queries about club membership contact ;

david.brown@qldathletics.org.au or QRWC Registrar Tara Norton tara.norton@bigpond.com

**Athletics Australia Track Championships
Sydney Olympic Park Athletics Centre April 12-19th**

April 13th

Women U14 3,000 metres

Men U14 3,000 metres

U15 3,000 metres

U16 3,000 metres

April 14th

Women U15 3,000 metres

U16 3,000 metres

Thursday April 15th

Women U20 10,000 metres

Open 10,000 metres

Friday April 16th

Men U20 10,000 metres

Open 10,000 metres

Saturday April 17th

Women U17 5,000 metres

U18 5,000 metres

Men U17 5,000 metres

U18 5,000 metres

COMING UP – Track & Road Walks

March 19th QLA Track Championships -Walks QSAC

March 27th AA 50km Championships / AA 20km Championships Vic

April 11th QRWC Sign On Day /AGM Logan River Parklands, Beenleigh

April 18th QRWC Handicap Meet 1 North Lakes 8.00am

April 12-21st AA Track & Field Championships Sydney

~~April 23-24th Australian Little Athletics Championships~~ **Cancelled**
April 24th **Saturday** QRWC Handicap Meet 2 Kalinga Park 8.00am

This Week

Tomorrow afternoon and evening, Friday March 19th the race walking events for the Queensland Little Athletics Track Championships will be conducted at QSAC.

PAN PACIFIC MASTERS GAMES SET FOR 2021 RETURN



Entries Now Open

The Queensland Race Walking Club has been appointed to deliver the 10km road walks at the 2021 Pan Pacific Masters Games.

Check out the Road Walk page at <https://mastersgames.com.au/ppmg/sports/>

The walks will take place on Sunday November 14th at the Luke Harrop Cycling Circuit at Runaway Bay at 7am

Sport Fee: \$20 per person

Games Fee: Competitor: Early bird \$125 (until 11:59pm AEST 31 August 2021) Standard \$145 (from 1 September 2021)

Entries Close Wednesday 3 November 2021 (11:59pm AEST)

Event Enquiries: Pan Pacific Masters Games Email: info@mastersgames.com.au Phone: +61 7 5668 9888

Racewalking Queensland Management Committee 2020/21

As elected AGM November 21st

Congratulations to the newly elected Management Committee that will take us through until the 2021 AGM scheduled for April.

President: S. Pearson

Secretary: N. McKinven

Vice President: P Bennett

Treasurer: R Hamann

Committee: I. Jimenez, S. Langley, T. Norton, J Stuckey

Patrons: Patrick & Maxine Sela

Registrar: T Norton

Uniforms: J Stuckey

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

QA Membership Details South Qld 2020/21 Season

Base Membership - \$12 plus club fee

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet

All State Championships* - \$30 per event

Eligible for in-stadium** state teams & national teams - \$100 fee

Eligible for all out of stadia*** state teams & national teams

Club Coach, Officials & Volunteers - \$0

If you need clarification on any aspect of membership and benefits please email info@qldathletics.org.au

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

To search for a walks coach, see their qualifications, contact details or where & when the coach go to ; <http://icoach.athletics.com.au/at/icoach/Search.aspx>

Racewalking Queensland

(Trading as the Queensland Race Walking Club Inc. ABN 59065512712)

Racewalking Queensland Management Committee 2020/21

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Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

QRWC Website: www.qrwc.com.au

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

QRWC race entries qrwc1955@icloud.com

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>