

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 63 years in the making.



HEEL & TOE

January 24th 2019

Race Walking Australia Responds

Race Walking Australia has sent a response to Luis Saladie at the IAAF regarding their recent draft proposals sent out by the IAAF Race Walking Committee.

- 1. Introduction of the Race Walking Electronic Control System (RWECS) for use in competition by 2021.*
- 2. The senior championship distances currently under consideration are: 10km (or 10,000m); and 30km. Distances will be the same for both men and women. i.e. replace the 20km & 50km*

Luis

Please find following the response of Race Walking Australia to the Proposals of the IAAF RWC.

This submission from Race Walking Australia, has been prepared following input from members of RWA and submitted only after endorsement by the Executive and Management Committee of Race Walking Australia.

Race Walking Australia is the peak body for race walking in Australia. Its membership consists of race walking clubs from states and territories within Australia. They are: Race Walking Queensland, New South Wales Race Walking Club, Race Walking Victoria, South Australia Race Walking Club, Western Australia Race Walking Club and the Australian Capital Territory Race Walking Club collectively representing the interests of in excess of 450 individual members.

It should be noted that the views expressed below are that of Race Walking Australia and individual states and members may have contrary views.

Response:

1. *There is NO support whatsoever for the removal of 20 and 50 kilometre events in favour of 10 and 30 kilometre events;*
2. *Most members are in favour of the introduction of a RWECS or a similar technology for judging 'loss of contact' BUT ONLY if such technology is fully tested in real environments, that the cost is affordable to all participants worldwide and that the use of such technology is applied to all levels of competition;*
3. *That the introduction of transition events occur as a matter of urgency e.g. 20 and 30 kilometre events for say Under 23. The common belief here is that such events will encourage young walkers to stay in the sport longer and be better prepared to participate in 50 kilometre competitions;*
4. *Members are disappointed that the IAAF RWC have not given more attention to the marketing, promotion and presentation of race walking events and have not embraced innovative strategies to enhance public appeal; and*
5. *That gender equity should always be a major priority of the IAAF RWC and the IAAF.*

Dr. Bob Cruise President RACE WALKING AUSTRALIA

RESULTS RESULTS RESULTS

Old Masters Athletics SAC Nathan January 19th

Junior 3,000 Meter Race Walk

Anika Clarke 16:57.98

Masters 3,000 Meter Race Walk

Brenda Gannon W44 Brisbane 16:34.58

Peter Bennett M63 Brisbane 16:16.19

Noela McKinven W76 Brisbane 25:03.72

Ipswich Little Athletics Twilight Carnival January 19th

A good turnout of race walkers and some great performances at the Ipswich Little Athletics carnival last Saturday. Well done Ipswich Little A's .

Under 9 700 Meter Race Walk

Reid, Jordyn Ipswich 4:48.01

Pearce, Emmelia Ipswich 5:03.73

Zirbel, Mikayla Highfields 5:28.61

Lucas, Rihanna Redlands 5:37.75

Hayne, Addison Ipswich 6:12.04

O'Dea, Margaret Granite Belt DQ

Cannon, Davinia Laidley DQ

McLeod, Maya Colleges DQ

Girls Under 10 1100 Meter Race Walk

Capps, Chelsea Gold Coast 6:08.94

Watts, Xanthee Toowoomba Ce 8:15.80

Braban, Mya Ipswich 8:31.85

Pearce, Bethany Ipswich 8:50.47

Schodde, Isabelle Ipswich 12:46.76

Ross, Isabella Centenary DQ

Collins, Amber Laidley DQ

Goulding, Lucie Ipswich DQ

Girls Under 11 1100 Meter Race Walk

Gale, Shantel Strathpine 7:09.30

Wenzel-Stephan, Dakota Ipswich 7:17.67

Mathewson, Riley Ipswich 7:23.15

Fedrick, Clare Ropehill 7:25.90

Jardine, Grace MT Tarampa L 8:38.20

Long, Scarlett 8:45.80

O'Dea, Erin Granite Belt 9:28.54

Jackwitz, Karnee Ropehill DQ

Girls Under 12 1500 Meter Race Walk

Teahen, Rebecca Toowong Harriers 8:34.55

Stewart, Kamara Ipswich 9:22.43

Goulding, Lily Ipswich 9:31.12

Brent, Kate Ipswich 11:33.35

McLean, Staci Runaway Bay DQ

Girls Under 13 1500 Meter Race Walk

Zirbel, Cheyenne Highfields a 11:04.22

O'Dea, Brigid Granite Belt 11:14.99

Armstrong, Jade Ipswich 11:38.69

Goody, Charlize Ipswich DQ

Girls Under 14 1500 Meter Race Walk

Mathewson, Tiana Ipswich 12:47.13

Girls Under 15 1500 Meter Race Walk

Egberts, Eboni Ipswich 11:13.16

Girls Under 16 1500 Meter Race Walk

Novinetz, Camryn Ipswich 6:56.82

Girls Under 17 1500 Meter Race Walk

McRoberts, Jasmine-Rose Redcliffe Li 8:56.04

Boys Under 9 700 Meter Race Walk

Watts, Hunter Toowoomba Ce 5:41.72

Burrows, Hayden Springwood 5:43.46

Manteit, Ryan Ipswich 5:43.69

Mathewson, Kane Ipswich 5:45.49

Blackman, Joshua Beenleigh DQ

Boys Under 10 1100 Meter Race Walk

Stewart, Mitchell Ipswich 7:46.73

Zirbel, Blake Highfields a 8:53.00

Pio, Tailen Browns Plains DQ

Boys Under 11 1100 Meter Race Walk

Manteit, Zack Ipswich 8:04.42

Lucas, Jaydon Redlands 8:48.39

Graham, Elias Redlands 8:48.50

Rogers, Memphis Upper Lockyer DQ

Boys Under 12 1500 Meter Race Walk

Capps, Charlie Gold Coast 8:49.45

Burrows, Bailey Springwood 12:10.32

Manteit, Torin Ipswich DQ

Jackson, Regan Ropehill DQ

Titman, Aidan Ipswich DQ

Boys Under 13 1500 Meter Race Walk

Bradley, Alex Highfields a 8:26.92

Schodde, Jack Ipswich 13:30.65

Boys Under 14 1500 Meter Race Walk

Manteit, Jordan Ipswich 8:47.09

Boys Under 16 1500 Meter Race Walk

Zirbel, Joshua Highfields a 8:20.38

This Week

Lots of race walking opportunities in the great South East this weekend. Australia Day kicks off at Qld Masters with a 5,000 metres handicap walk starting at 8.00am at the SAC. On Saturday night, also at the SAC, the QA Shield Meet has a 3,000/5,000 metres walk starting at 8.10pm.

At the Gold Coast Masters meet at Griffith Uni on Sunday morning there is a 3,000/5000 metres walk starting at 8.00am. The Redland Bay Little A's Carnival is on Sunday at Sheldon College with the walking events starting at 8am.

**Caboolture Dusk til Dawn
Saturday February 9th at 6pm**

Venue: Caboolture Historical Village 280 Beerburrum Road

Time Based Events

12 Hour \$85 6:00pm

6 Hour \$65 6:00pm

Distance Based Events

100km \$85 6:00pm

50 km \$65 6:00pm

Marathon \$60 6:00pm

½ Marathon \$40 6:00pm

15 km \$15 6:00pm

10 km \$10 6:00pm

More Info go to : <http://www.geoffsrns.com/events/dusk-til-dawn/>

Oceania & Australian 20km Race Walking Championship



Date: Sunday 10th February

Location: War Memorial Drive, Adelaide SA

Timetable:

7:00am - Australian 20km Race Walking Championship

8:00am - Under 20 Oceania 10km Race Walking Championship

8:00am - Under 18 Invitational 5km Race Walk

Entry Fee: \$30.00

NB: Entries will close on the 21st January at 5pm.

Entries <https://2019racewalk.eventdesq.com/>

The 2019 Australian Track & Field Championships Sydney Olympic Park Athletic Centre April 1st to April 7th

Draft Walks Timetable

Monday 1st April

9:00am 10000 metres Walk Under 20 Men

9:00 am 10000 metres Walk Under 20 Women

4:30 pm 3000m Race Walk Under 15 Boys

4:30 pm 3000m Race Walk Under 16 Boys

5:00 pm 3000m Race Walk Under 15 Girls

5:00 pm 3000m Race Walk Under 16 Girls

Tuesday 2nd April

11:30 am 3000 metres Race Walk Under 14 Girls

11:30 am 3000 metres Race Walk Under 14 Boys

Friday 5th April

8:10 pm 10000 metres Race Walk Open Men

8:10 pm 10000 metres Race Walk Open Women

Saturday 6th April

9:00 am 5000m Race Walk Under 18 Women

9:00 am 5000m Race Walk Under 18 Men

9:40 am 5000 metre Walk Under 17 Women

9:40 am 5000 metre Walk Under 17 Men

AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIPS Melbourne 2019



Draft Schedule - Please note that this schedule is subject to change

Friday April 26th 1,500m Walk

Saturday April 27th 10,000, Road Walk (In conjunction with a VRWC meet)

Sunday April 28th No Competition

Monday April 29th 5,000m Walk

See website for more details <https://melbourne2019.com.au/welcome>

Canberra Federation Carnival Mt Stromlo Canberra Sunday June 9th



The annual Carnival is held each June in Canberra and brings together race walkers of all ages and abilities from race walking clubs all around the country. This is the main event for the Australia Federation of Race Walking Clubs (Race Walking Australia) and has a strong team emphasis. The carnival is over 50 years of age and involves over 300 walkers of all ages. This is a chance for EVERY member of the club to represent your State. So now is the time to start looking at accommodation and flights.

Canberra Programme – There is an event for everyone (**Age is Age on the Day**)

1. Open 30km 8.00am
2. Fitness 30km 8.00am
3. Men & Women ACTA 30km C/Ship 8.00am
4. Open & Vet Women 15 km 8.00am
5. Open & Vet Men 15km 8.00am
6. Fitness 15km 8.00am
7. Fitness 8km 9.00am
8. Men 10,000 Metres 10.30am
9. Men U20 ACTA 10km C/Ship 10.30am
10. Women U20 10,000 Metres 10.30am
11. Open (over 20 years) 10km 10.30am
12. Boys U10 1,000 Metres 11.40am

13. Girls U10 1,000 Metres 11.40am
14. Boys U12 2,000 Metres 11.50am
15. Girls U12 2,000 Metres 11.50am
16. Boys U14 2,000 Metres 12.10pm
17. Girls U14 2,000 Metres 12.30pm
18. Boys U16 3,000 Metres 12.50pm
19. Girls U16 3,000 Metres 1.15pm
20. Boys U18 5,000 Metres 1.40pm
21. Girls U18 5,000 Metres 1.40pm
22. Women's Open 5,000 Metres 2.20pm

QRWC Club Uniforms

Now is also the time to be thinking on ordering a new club uniform. A reminder that club uniforms are compulsory at Federation meets like the Canberra carnival. A uniform is not a mandatory requirement at our club meets but we do encourage members to wear their uniform AND because they just look so good.

2019 OCEANIA MASTERS CHAMPIONSHIPS MACKAY



<http://athleticsnorthqld.org.au/Oceania-Masters-Athletics-Championships-2019>

Race Walk Programme

Sunday September 1st 10km road walk

Tuesday September 3rd 5km track walk

Friday September 6th 3km track walk

Event Registration & Fees

Registrations are taken online on the event website. Refer to the website for closing dates.

OMA Registration Fee AU\$40.00 / Administration Fee AU\$50.00

Total Registration Fee AU\$90.00

Entry Fee per Event AU\$10.00



Beginners race walk judging course

AA have developed an on-line Level 1 race walk judging course.

<http://athletics.com.au/Officials/Level-1-Important-Information>

Once you have completed this course ask to stand with one of our qualified judges at a road walk meet to learn practical side of judging.

Coming Up

2019

January 26th Qld Masters Meet 5,000 Metres (Handicap) SAC
January 26th QA Shield Meet 3,000/5,000 metres SAC 8.10pm
January 27th Gold Coast Masters Griffith Uni 3,000/5000 metres 8.00am
February 2nd Qld Masters Meet 1-mile SAC 8.45am
February 3rd Qld Masters Meet 3,000 metres (spiral handicap) SAC 8.20am
February 10th Oceania & Australian 20km Race Walking Championship Adelaide 7.00am
February 10th Gold Coast Masters Griffith Uni Inc. QMA 3,000m C/Ship 7.30am
February 13th Qld Masters Meet SAC 30min walk 7.00pm (Wednesday night meet)
February 16th QA Shield Meet 3,000/5,000 metres UQ St Lucia 9.00pm
February 24th Gold Coast Masters Griffith Uni TBD
February 27th Qld Masters Meet 8,000 metres SAC 7.00pm (Wednesday night meet)
March 2nd Qld Masters Meet SAC TBD
March 7-10th Queensland Athletics Championships (U14-Open) QSAC
March 10th Gold Coast Masters Griffith Uni
March 16th Qld Masters Meet SAC TBD
March 22nd Qld LA Championships Townsville
March 23th Qld Masters Meet SAC TBD
March 24th Gold Coast Masters Griffith Uni TBD
March 27th Qld Masters Athletics 10,000metre Championships SAC 7pm
March 30th Gold Coast Masters Championships Griffith Uni
March 30th – April 7th Australian Athletics Championships (U14-Open) Sydney
April 7th QRWC Sign on Day Kalinga Park 8.00am
April 13-14th Queensland Masters Athletics Championships State Athletics Facility SAC
April 14th QRWC Handicap meet Logan River Parklands Beenleigh 8.00am
April 21st Easter Sunday
April 26-29th Australian Masters Athletics Championships Melbourne Lakeside Stadium
April 28th QRWC Handicap meet 8.00am TBA

Looking further ahead

May 5th QRWC Handicap meet TBA
May 12th Mother's Day
May 25th Great Barrier Reef Masters Games
June 2nd Gold Coast Road Walk Championships Mudgeeraba 8.00am
June 9th LBG Federation Carnival Mt Stromlo Canberra
July 3-14th 30th Summer Universiade, Naples Italy

August 31st Oceania Masters Games Mackay
Sept 28th - Oct 6th IAAF World Championships Doha, Qatar

Queensland Athletics Registration 2018/19

You can now Register with Queensland Athletics via the portal on the front page of the QRWC website <http://www.qrwc.com.au>

ALL QRWC NON-COMPETING MEMBERS, VOLUNTEERS, COMMITTEE MEMBERS, OFFICIALS AND COACHES ARE REQUESTED TO TAKE ADVANTAGE OF THE \$ 0 FEE AND REGISTER WITH QA TO ENSURE YOU ARE COVERED BY THE AA/QA INSURANCE POLICY

Racewalking Queensland

(Trading as the Queensland Race Walking Club Inc. ABN 59065512712)

Racewalking Queensland Management Committee 2018/19

President: S. Pearson
Vice President. P Bennett
Committee. C Goulding, I. Jimenez, S. Langley J. Pickles, R. Wales, J. Westlin.
Patrons: Patrick & Maxine Sela
Delegates to QA: R. Wales, S. Pearson
Equipment Officers: A. Wearne
Registrar: A. Wearne
Canteen Committee: M. Sela, S. Wearne, J. Westlin.
Handicapper/Results: N. McKinven
Selectors: S. Langley/I. Jimenez
Social Media/Publicity: J. Pickles
Director of Coaching: D. Smith
Trophy Officer: N. McKinven
Newsletter Editor: P. Bennett
Webmaster: A. Wearne
Club Captains. J Pickles, P. Lindenberg

QRWC Annual Subscriptions 2018/19

Registration Fees

Family \$40

Students & Officials \$15

Others \$25

To register with Queensland Athletics, you must use their On-Line Registration.

Go to www.qldathletics.org.au

Race Day Fees

Students \$ 4 / Others \$6

Club Championships: Road \$8 / Track \$10
Season Ticket \$60/\$30 (for students) per athlete
QRWC Website: www.qrwc.com.au

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

qrwcregistrar@outlook.com Club membership enquiries and information

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>