

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

August 19th 2021

Community Sport and Recreation to recommence

Due to Queensland's strong response, we are pleased to advise community sport and recreation will be able to recommence. While this [easing of restrictions](#) is great news for clubs, organisations and activity providers within these regions, some additional requirements will remain in place in the 11 South East Queensland LGAs to ensure the ongoing safety of Queenslanders.

Masks

- While masks are not required when you are outdoors, you must carry your mask with you at all times
- masks must be continued to be worn in indoor spaces, when at stadiums, at an airport, and on a domestic or international flight departing or arriving in Queensland.

In summary, from **4pm Friday 20 August 2021**, community sport, including training and competition, can resume with spectators, in line with indoor and outdoor venue event requirements.

Indoor sport and recreation

- Indoor sport and recreation can have one person per four square metres or 75% allocated seated and ticketed capacity
- compliance with the [COVID Safe Checklist](#). This includes the collection of contact information through the [Check In Qld App](#)
- occupant density and physical distancing measures do not apply to the field of play
- it is not possible to observe physical distancing while undertaking activity however attendees must observe physical distancing off the field of play, to the extent possible.

Outdoor sport and recreation

- Outdoor sport and recreation can have one person per two square metres or 75% allocated seated and ticketed capacity
- compliance with the [COVID Safe Checklist](#). This includes the collection of contact information through the [Check In Qld App](#)
- it is not possible to observe physical distancing while undertaking activity however attendees must observe physical distancing off the field of play, to the extent possible
- indoor spaces associated with outdoor based organisations such as clubhouses, will need to comply with the occupant density of one person per four square metres or 75% allocated seated and ticketed venues.

The above restrictions will remain in place at least until **4pm Friday 27 August 2021**.

Stay safe and please contact the team at SR.Covid19@dtis.qld.gov.au should you require further information.

Race Walking to Resume Sunday August 29th

Due to the relaxation of COVID restrictions, our Club Championships have been rescheduled and will take place on Sunday, 29 August at Logan River Parklands, Beenleigh.

Programme

QRWC Club Championships

Logan River Parklands

8.00am Open & Masters 10km

Under 20 M & W 8km

Under 18 M & W 6km

8.15am Under 10 M & W 0.75km

Under 12 M & W 1.5km

8.30am

Under 14 M & W 2km

Under 16 M & W 4km

Enter via our RevSport Portal

<https://www.revolutionise.com.au/qldracewalkingclub/events/111100/>

- Age is taken as Age on the Day. Athletes eligible for awards in their own age group event only.
- Trophies will be awarded to the first three placings of registered club members in each age group (male & female) and medals in the Masters age group.
- For Masters Athletes the first three finishers of registered club members in Open races will be the Open place getters and the next three Masters Age competitors to finish after that will be eligible for Masters Medals.

Exceptional Circumstance Allowance

We have four keen NSW based members that cannot cross the border because of current COVID regulations imposed by both the Queensland & New South Wales Governments (and physically enforced by the Police and the ADF) . In solidarity with our isolated members the club will allow these athletes enter the Championships online as normal and will use times from the road walk season (or as determined by the handicapper for a distance that they have not walked during the year) to determine their race position .

This arrangement is for the exceptional circumstance they have found themselves in through no fault of their own and over which they have no control. This arrangement is only for athletes who live south of the border impacted by lockdown regulations.

We want to make sure that no one is disadvantaged (those at the meet or those in NSW) so, for example, in the case of a competitor crossing the line in 3rd place in the actual race but gets relegated to 4th when the virtual result is added in that athlete would also get a trophy for 3rd. Lets support each other in these difficult times.

Club Championship Entry Fee \$10 / Non-Members entry Fee \$15 (not eligible for championship awards)

QRWC Club Championship Records

Men's Open 10 km Rhydian Cowley 2012 40:38.00
Under 20 Men 8 km Dane Bird-Smith 2009 34.59.00
Under 18 Men 6 km Dane Bird-Smith 2009 26.16.00
Under 16 Men 4 km Jesse Osborne 2010 18:30.00
Under 14 Boys 2 km Bailey Housden 2020 8.59.00
Under 12 Boys 1.5 km Myles Callaghan 2019 7.28.00
Under 10 Boys 750 m Mathew Houston 1995 3:40.00

Women's Open 10 km Karen Foan 2002 49:15.00
Under 20 Women 8 km Jessica Pickles 2013 38:55.00
Under 18 Women 6 km Katie Hayward 2016 27:13:00
Under 16 Women 4 km Clara Smith 2013 18.59.00
Under 14 Girls 2 km Jayda Anderson 2018 9.20.00
Under 12 Girls 1.5 km Rachel Barker 2007 7.29.00
Under 10 Girls 750 m Theresa Dorman 1994 3:47.00

Men's Master's 10 km Ignacio Jimenez 2012 49:41.00
Women's Master's 10 km Nyle Sunderland 2013 57:22.00

August	8	QRWC Handicap Meet 9	Kalinga Park 7.30am Canceled
	15	QRWC Handicap Meet 10 / M&W Club 15km C/ship	Morningside 7.30am Canceled
	22	QRWC Club Championships	Beenleigh 8.00am Postponed
	29	QRWC Club Championships	Beenleigh 8.00am
		QRWC Relay/ Trophy Day/ Lunch	Kalinga Park TBA
September	12	AA Federation Championships	Melbourne Postponed TBA

2020 Perpetual trophies

There are still some age group perpetual trophies to return. Please bring along on August 29th or contact Noela to make other arrangements to return your trophy noelarhoda@gmail.com

U12 Girls Destinee Pickvance
U12 Boys Blake Gee
U14 Girls Tamika Gee
U14 Boys Bailey Housden
U16 Girls Jayda Anderson
U16 Boys Lachlan McCure
U18 Women Gabriella Hill
U18 Men Riley Whatman

CLUB UNIFORMS – ONLINE SHOP

<https://www.revolutionise.com.au/qldracewalkingclub/>

You can now order and pay for club uniforms at the QRWC RevSport portal. Orders are taken on the understanding that they will be able to be picked up on race day.

Pre-Loved Uniforms For Sale

Cross-Back Singlet - \$17



Size – Child 10



Size – Child 8

Free

Qld Athletics (QA) Bike Pants



Size XX Small

Contact Jen at grwcregistrar@gmail.com if you have any questions about the above preloved uniforms .

Wearing the QRWC uniform is not compulsory at club meets but it is encouraged. For Federation Meets like the Canberra Carnival wearing the club uniform is compulsory.

NEW DATE - SUNDAY 29TH AUGUST

USCAC Winter Carnival

SUNDAY 29TH AUGUST

USC ATHLETICS TRACK
SIPPY DOWNS DRIVE, SIPPY DOWNS

USC
ATHLETICS CLUB

- Athletes MUST either be QA members
- Or LAQ members, provided the athlete competes in LAQ sanctioned events ONLY

Join USCAC Winter Season Membership - \$12
LAQ Nomination form in post

ALL NOMINATIONS CLOSE
THURSDAY 26TH AUGUST - 8AM

Fees per event
U10 to U18 & Para - \$8
U20, Opens, Masters - \$12

EMAIL: EVENTS.USCAC@GMAIL.COM

EVENT PHONE: 0450 439 913

[News - University of the Sunshine Coast Athletics Club - revolutioniseSPORT](#)

[USCAC Winter Carnival Program \(revolutionise.com.au\)](http://revolutionise.com.au)

World Athletics U20 Championships Nairobi

The race walking events at the Under 20 World Championships on Saturday 21st. Athletics Australia announced in May that was not sending a team to these Championships in Nairobi, Kenya. The decision to withdraw the team from the World Under 20 Championships was made in consultation with parents and guardians of athletes, and comes after a detailed review of many factors identified by Athletics Australia and the Australian Government. Some of these factors include the heightened risk of terrorism throughout Kenya, the impacts of COVID-19 and quarantine rules surrounding under age athletes, as well as insurance implications when travelling to Kenya.

August 21st

10,000 Metres Race Walk Men

Maksim PYANZIN ANA 38:48
Dmitriy GRAMACHKOV ANA 39:34
AMIT IND 40:28
Jose Luis HIDALGO ESP 41:35
Paul MCGRATH ESP 41:39
Sohail Abderahmane ALOUI ALG 41:47
Abdenour AMEUR ALG 41:47
Emiliano BRIGANTE ITA 41:48.25
Cristhian JUÁREZ LÓPEZ MEX 42:21
Dimitri DURAND FRA 42:26
Jaromír MORÁVEK CZE 42:27
Mert KAHRAMAN TUR 42:37.83
Pedro DIAS POR 42:51
Bryan Alexander MATÍAS ORTÍZ GUA 42:52
Taras KORETSKYY UKR 42:52
Mazlum DEMIR TUR 43:13
Mykola RUSHCHAK UKR 43:14
Wilson ARRATIA QUISPE BOL 43:17.85
Mateo ROMERO BLANCO COL 43:52
Saul WAMPUTSRIK ECU 44:17
Christian ROJAS GUZMÁN COL 44:29
Francis Erick SOTO PER 45:32
Heristone WANYONYI KEN
Ahmed CHIKHAOUI TUN
Oussama FARHAT TUN

10,000 Metres Race Walk Women

Anastasiya KOLCHINA ANA 44:41
Yelena SBORETS ANA 45:22
Eliška MARTÍNKOVÁ CZE 45:46
Valeriya SHOLOMITSKA UKR 46:09
Yekaterina PETROVA ANA 46:43.85
Adriana ORNELAS POR 47:01
Maële BIRÉ-HESLOUIS FRA 47:05
Elvina CARRE FRA 47:13
Tiziana SPILLER HUN 47:21
Inês MENDES POR 47:23
Sharon Lisseth HERRERA SOTO CRC 47:35.52
Gabriela DE SOUSA BRA 47:50
Sofia RAMOS RODRÍGUEZ MEX 47:57
Marissa SWANEPOEL RSA 48:33.52
Yaquelin TELETOR JERÓNIMO GUA 48:38
Alžbeta RAGASOVÁ SVK 48:55
Anastasia ANTONOPOULOU GRE 49:05
Stephanie CHAVEZ URQUIZO BOL 49:29.99
Terézia KURUCOVÁ SVK 49:38
Janise NELL RSA 49:42.48
BALJEET KAUR IND 49:50.71
Glendy TELETOR JERÓNIMO GUA 49:59
Mariana Alexandar MUNOZ AVARADO CRC 49:11
Petra ZAHORÁN HUN 50:01 50:01
Oumayma HSOUNA TUN 50:19.70
Martina CASIRAGHI ITA 48:24
Paula Domenica VALDEZ ZARAUZ ECU 51:09
Yuliya LUTSKA UKR 51:12
Maria Diana LATARETU ROU 50:01

Ines HUALLPA CONDO BOL 51:40
Melissa TOULOU ALG 49:42
Freysi DONAIRES PER 53:10
Jekaterina MIROTVORTSEVA EST 48:05
Wubalem SHUGUTE ETH
Metasebiya WORKU ETH
Margaret GATI KEN

2021 Australian Winter Walks Championships Postponed TBA

Athletics Australia (AA) wishes to advise that the Australian Winter Walks Championships and the Australian Road Running Championships have been postponed.

The events which were set to take place on the 12th and 19th of September respectively, have been postponed due to COVID-19 impacting border closures, restricting athletes, coaches and officials from participating in either event.

Athletics Australia Chief Executive Officer Peter Bromley said it was disappointing to postpone another event due to the pandemic, and confirmed AA would be doing everything possible to hold both events at another time.

“While it is becoming increasingly difficult to hold national events due to the ongoing concerns associated with the pandemic, Athletics Australia will endeavour to hold the Australian Winter Walks Championships and the Australian Road Running Championships at a time when all participants are able to travel interstate.

“In the meantime, we urge everyone to stay safe and remain diligent with their precautionary safety measures.”

The Australian Winter Walks Championships is an annual event organised in collaboration with Race Walking Australia and the host race walking club.

President of Race Walking Australia Simon Baker said: “On behalf of the members of Race Walk Australia and all Race Walkers inspired by the terrific performances by our Olympic walkers, it is disappointing that the Athletics Australia Winter Race Walking Championships must again be postponed. Given the uncertainty due to the COVID-19 pandemic, it is obviously the right decision to postpone this event to protect the health of athletes, officials and spectators. “RWA looks forward to working with Athletics Australia and the host, the Victorian Race Walking Club to eventually conduct these championships in safety.”

More information about the Australian Road Running Championships, which were to be held in conjunction with City to Bay, and the Australian Winter Walks Championships will be announced in due course.

Sascha Ryner, Athletics Australia

Walking great Vladimir Golubnichiy dies

World Athletics is deeply saddened to hear that Ukraine’s race walking great Vladimir Golubnichiy (Volodymyr Holubnychy), who won two Olympic titles during his highly successful career, died on Monday (16) at the age of 85.

Born in Sumy on 2 June 1936, Golubnichiy went on to become a dominant force in the 20km race walk in the 1960s and 1970s, competing at five Olympic Games and winning four medals.

He set his first world 20km race walk record in 1955 aged just 19, but was unable to make his Olympic debut the following year due to a serious liver infection. Four years later he would win his first gold on his debut in Rome.

It took him a year to fully recover from that liver infection, but in 1958 Golubnichiy clocked 1:27.05 in Simferopol to regain the world record and that would remain the record mark for almost 11 years.

Despite being the world record-holder, Golubnichiy was not the favourite to claim gold at the Rome Olympics, but he took the lead just before the halfway point and went on to gain gold in 1:34:08.

He added another medal to his collection in 1964, claiming Olympic bronze in Tokyo despite suffering headaches during the race and a fall, and two years later he won the second of his three European medals - silver in Budapest after bronze in Belgrade in 1962.

His third Olympic appearance came in Mexico City and there he held off the local hope Jose Pedraza to win by just three metres and gain his second Olympic gold.

Golubnichiy completed the set of Olympic medals when securing silver at the 1972 Olympics in Munich, but gained another gold medal in Rome in 1974 when he won his first European title.

He competed at his fifth and final Olympics in Montreal in 1976, finishing seventh.

PAN PACIFIC MASTERS GAMES 2021



Entries Now Open

The Queensland Race Walking Club has been appointed to deliver the 10km road walks at the 2021 Pan Pacific Masters Games.

Check out the Road Walk page at <https://mastersgames.com.au/ppmg/sports/>

The walks will take place on Sunday November 14th at the Luke Harrop Cycling Circuit at Runaway Bay at 7am

Competitor Games Fee

\$125 Early Bird Fee (16 March – 31 August 2021)

\$145 standard fee (from 1 September 2021)

Sport Fee: \$20 per person

Entries Close Wednesday 3 November 2021 (11:59pm AEST)

What happens if the event is cancelled or entries are restricted due to COVID-19?

Should an entrant have COVID-19 like symptoms, have COVID-19 or be a close contact of a COVID-19 case, we encourage them to be responsible by staying away from the event. If they are affected in these circumstances or a government health order prevents them from attending, PPMG will refund fees paid less a \$20 processing fee if they advise management by 11:59pm Sunday 14 November 2021. To process a refund in this situation please email info@mastersgames.com.au together with evidence of a COVID-19 test taken within 72 hours of your planned event.

If the PPMG21 is cancelled, or entries restricted, due to COVID-19 or restrictions placed by government preventing the staging of the PPMG21, we will refund fees paid less a \$20 processing fee.

Event Enquiries: Pan Pacific Masters Games Email: info@mastersgames.com.au Phone: +61 7 5668 9888

CLUB UNIFORMS – ONLINE SHOP NOW OPEN

<https://www.revolutionise.com.au/qldracewalkingclub/>

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Contact Jen at qrwcregistrar@gmail.com if you have any questions or want to make alternative arrangement to collect your purchase.

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QRWC memberships for 2021/2022

\$15.00 for students

\$25.00 for non-students

*QRWC fee only, does not include Qld Athletics membership.

Members to go to the page

<https://www.revolutionise.com.au/qldracewalkingclub/registration/> and enter their National ID, Surname and DOB - click RENEW if you have been on RevSport before and the new payment classes will be there to select.

If you have any problems or queries about club membership contact ;

david.brown@qldathletics.org.au or QRWC Registrar Jenny Stuckey

qrwcregistrar@gmail.com

QRWC is a Queensland Athletics - associated track and field club.

The following information is to clear up any of the misunderstandings and misinformation about the QRWC.

As Qld Athletics seasons operate October - September and QRWC seasons operate April - March we offer our members a customised approach:

Join QRWC for \$15 (students) and \$25 (non-students)

here <https://www.revolutionise.com.au/qldracewalkingclub/registration/> - this covers your membership with QRWC/ Race Walking Australia within the April-March period.

As many walkers are also members of another track and field club there is no need to pay for another QA membership fee. If you are not a member of another track and field club and only wish to have membership with QRWC then you can obtain a standalone \$12 Base Membership here <https://www.revolutionise.com.au/qldathleticsbase/registration/> - this covers your membership with QA and provides you with access to QA events within the October-September period.

"Queensland Athletics has no intention of changing the recognition and registration of the Queensland Race Walking Club and any such rumours are completely unfounded." QA CEO David Gynther

QA Membership Details South Qld 2020/21 Season

Base Membership - \$12 plus club fee

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet

All State Championships* - \$30 per event

Eligible for in-stadium** state teams & national teams - \$100 fee

Eligible for all out of stadia*** state teams & national teams

Club Coach, Officials & Volunteers - \$0

If you need clarification on any aspect of membership and benefits, please email

info@qldathletics.org.au

Racewalking Queensland Management Committee 2021/22

President: P Bennett **Secretary/Treasurer:** N. McKinven
Vice President. I Jimenez
Committee: J Stuckey, S McCure, J-R McRoberts, S Pearson, D Millard, K Martin
Patrons: Patrick & Maxine Sela
Registrar: J Stuckey / C Chadwick
Equipment J McRoberts
Uniforms: J Stuckey
Publicity / Media C Chadwick
Newsletter Editor: P. Bennett
Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

grwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>