

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 64 years in the making.



HEEL & TOE

April 30th 2020

IOC's Coates says Tokyo Games not contingent on COVID-19 vaccine

The Tokyo Olympics are not contingent on the development of a vaccine for the coronavirus, International Olympic Committee member John Coates said on Wednesday.

His comments come after the president of the Japan Medical Association (JMA), a powerful physicians' lobby, said on Tuesday it would be "difficult" for Japan to host the already postponed Games in 2021 without an effective COVID-19 vaccine.

Australian Coates, the head of the IOC's Coordination Commission for the Olympics, said JMA president Yoshitake Yokokura's comment was an "opinion".

"But the advice we're getting from WHO (the World Health Organization) says we should continue to plan for this date and that is what we're doing, and that's not contingent on a vaccine," Coates told Australian Associated Press.

"A vaccine would be nice. But we will just continue to be guided, as we must be, by WHO and the Japanese health authorities because in all of this, the health and wellbeing of the athletes and other participants in the Games is the number one priority."

The Games, originally set to start in July this year, have been rescheduled for 2021, to be held over July 23 to Aug 8.

The delay was a major blow for Japan, which has spent \$13 billion on preparations.

Tokyo 2020 president Yoshiro Mori said in an interview published on Tuesday that the Games would be "scrapped" if they could not take place in 2021.

Great Moment in Australian Sport

Ralph Doubell 800 metres Gold Medal – World Record

1968 Olympic Games, Mexico City

Ralf Doubell was born in Melbourne and was trained by Austrian-born coach Franz Stampf. His first major international victory in 800 metres was at the World Student Games in Tokyo in 1967 in a time of 1:46.7. His next season (the 1968 Olympic season) was severely curtailed by Achilles' tendon injuries, and he was unable to compete for six months prior to the Olympic Games in Mexico City. Doubell, however, was able to recover in time for Mexico City and won the 800 m gold medal, passing the pre-race favourite Wilson Kiprugut of Kenya down the straight to win in a world record equalling time of 1:44.3. It would be 50 years before his Australian record would be broken and no Australian male has won a Gold medal in a track event at the Olympics since.

Doubell had planned to compete at the 1972 Olympics in Munich, but was prevented in doing so by calf injuries, which brought on his retirement from competitive athletics. Doubell was inducted into the Sport Australia Hall of Fame in 1985 and in 2006 in the Queen's Birthday Honours List he was made a Member of the Order of Australia (AM).

WATCH IT HERE

<https://www.youtube.com/watch?v=xFxmloerZIo>

Ecstasy & Agony

How did you all go (not you Robyn Wales)?

Test yourself – Where, When, Who and What (just happened)

Sydney Olympics 2000

Cathy Freeman won the Olympic 400 metres Gold in 49.11

Jane Saville being disqualified just metres from entering a packed stadium where she was set to win the gold." *That's life, that's racewalking unfortunately. What can I say, it's bitterly disappointing.*" Jane said after her disqualification?

To this day when you mention you do race walking someone will say "like that girl that cried at the Sydney Olympics after getting disqualified?"



Not one to give up, four years later Saville headed to Athens 2004 to seek redemption and won the Bronze medal in the 20km.

COVID-19

The COVIDSafe app for mobiles

The Australian Government has released the COVIDSafe app to help try and slow the spread of COVID-19.

You are encouraged to download the COVIDSafe app onto mobile phones; however, use of the new COVIDSafe app remains voluntary.

The COVIDSafe app speeds up the current manual tracing process and helps health officials to quickly contact people who may have been exposed to COVID-19.

This means you'll be contacted more quickly if you are at risk and reduces the chances of you passing on the virus to your family, friends and other people in the community.

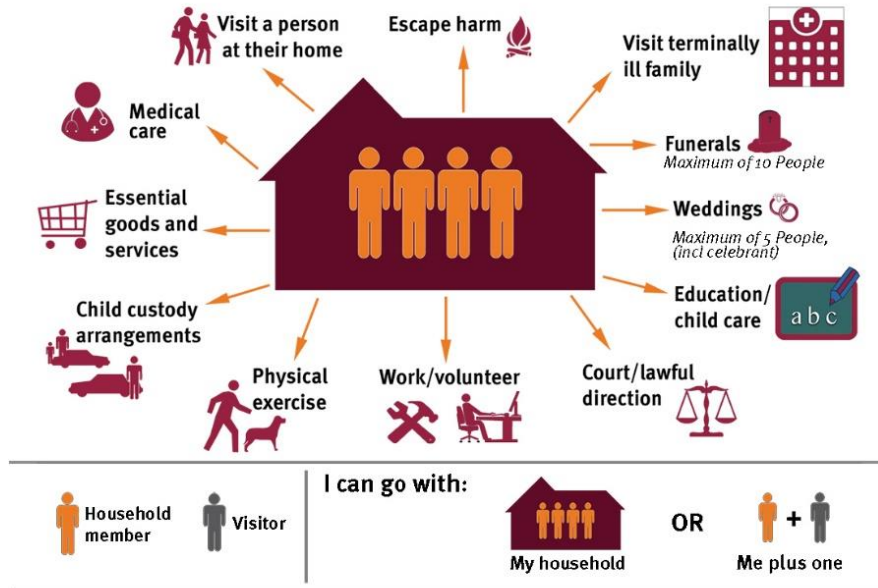
In respect to privacy and data security, the Government has advised:

- Health officials can only access the app information if someone tests positive and agrees to information on their phone being uploaded;
- The information is encrypted and that encrypted identifier is stored securely on your phone (not even you can access it);
- You can delete the COVIDSafe app from your phone at any time; and,
- The information stored will be destroyed at the end of the pandemic.

If you would like to know more information about how the COVIDSafe app works or access the link for the download, refer to the [Australian Government Department of Health COVIDSafe app web page](#).



When can I leave my house?



How many people can come to my house?

You can have a maximum of 2 visitors

(excluding workers/volunteers)



You can only have two visitors no matter how many people usually reside in your household.



[COVID19.qld.gov.au](https://www.covid19.qld.gov.au)



QRWC Winter Road Walk Season

Are we there yet? NO

The **Queensland Road Walking Club** is dedicated to the safety and wellbeing of all our members but we are in the position where we must suspend our winter road walk season. The QRWC acknowledges that people are looking for dates as to when the season might be able to commence. We appreciate your understanding through this difficult time and will keep you informed of developments at the club.

The public health emergency area specified in the State Health order is for **'all of Queensland'**. Its duration has been extended by regulation to 19 May 2020. The key message here is that we cannot deliver an event until the end of the declared public health emergency. We do not know when the public health emergency in Queensland will end. There is the caveat implied that if some States or even councils are even further ahead in these aspects,

they may be in a position to relax conditions earlier. There does seem to be a bit of a light at the end of the tunnel but we must continue to wait and follow all public health directives.

QRWC UPDATE: Going on the latest updates there seems little prospect of any club activity before June at the earliest.

What's Not On this Week

All Park Runs in Australia are now **Cancelled** until further notice

Brisbane Road Runners have **cancelled** their meets for now. All events replaced by “virtual races” run close to your home.

Queensland Running cross country season **Suspended until further notice**

QA Cross **Country Currently all athletics activities are suspended/cancelled until 31 May 2020 at the earliest .**

#3 Saturday 02 May - BBSG Parklands, Fig Tree Pocket (**CANCELLED**)

#4 Saturday 09 May - Hoop Pine Reserve, Mt Coot-tha (**CANCELLED**)

All Schools XC Championship - Saturday 16 May - Rivermount College (**POSTPONED**)

#5 Saturday 23 May - Capalaba State School (**CANCELLED**)

#6 Saturday 30 May - Sherwood Forest Park (**CANCELLED**)

July 5 Gold Coast Marathon **Entries Suspended Pending Review by May 19th**

OXFAM Trail walker in Melbourne **CANCELLED**

OXFAM Trail walker Brisbane (June 19-21) still going ahead at this stage **Awaiting decision**

Brisbane “Guzzler” trail ultramarathons in July **POSTPONED** to a date to be confirmed in November

Brisbane Trail Ultra in July still open for entries and going ahead at this stage **Re-assessing decision to be announced by May 1st**

Results Don't Lie

Race walking is often maligned and neglected by many in athletics but it is the walkers that have carried the Australian Athletics team at the last four Olympics

Men's Team	2004 Athens	Men	4 × 400 m relay	2	Silver
Nathan Deakes	2004 Athens	Men	20 km walk	3	Bronze
Jane Saville	2004 Athens	Women	20 km walk	3	Bronze
Steven Hooker	2008 Beijing	Men	Pole vault	1	Gold
Sally McLennan	2008 Beijing	Women	100 m hurdles	2	Silver
Jared Tallent	2008 Beijing	Men	50 km walk	2	Silver
Jared Tallent	2008 Beijing	Men	20 km walk	3	Bronze
Jared Tallent	2012 London	Men	50 km walk	1	Gold
Sally Pearson	2012 London	Women	100 m hurdles	1	Gold
Mitchell Watt	2012 London	Men	Long jump	2	Silver
Dane Bird-Smith	2016 Rio	Men	20 km walk	3	Bronze
Jared Tallent	2016 Rio	Men	50 km walk	2	Silver

LBG Canberra Federation Meet

Cancelled

The ACT Fitness and Race Walking Club have determined that in the interest of public health they do not wish to conduct the Annual Race Walking Carnival on the long weekend in June. The decision of the ACT Committee is supported by the Executive of Race Walking Australia and consequently the 2020 Canberra Race Walking Carnival is cancelled.

The AGM of RWA which is normally conducted on the June long weekend will now be scheduled for the Saturday evening preceding the AA/RWA Winter Race Walking Championships currently proposed for August 30 in Melbourne.'

Pan Pacific Masters Games – Gold Coast – November

The Pan Pacific Masters Games team, while keeping in mind the event is still scheduled for November, will take a timely approach in assessing the impacts of this recommendation while carefully monitoring this evolving situation before any final decisions are made on the status of this year's event.

The wellbeing of our participants and supporters is of utmost importance. Thank you for your patience and understanding in this challenging time.

Coming Up

May 2-3rd IAAF World Race Walking Team Championships, Minsk, Belarus **CANCELLED**

May 3rd QRWC Handicap Meet Date & Venue TBC **CANCELLED**

May 17th QRWC Handicap Meet Date & Venue TBC **CANCELLED**

May 24th QRWC Handicap Meet Date & Venue TBC **CANCELLED**

May 31st Gold Coast RW Championships Mudgeeraba **POSTPONED**

June 5th Qld Masters State Championships Townsville **CANCELLED or POSTPONED TO A DATE TO BE DECIDED**

June 7th LBG Federation Meet Mt Stromlo Canberra **CANCELLED**

Looking further ahead

July 17-20th World U20 Track Championships, Nairobi, Kenya **POSTPONED to a date to be determined**

July 24th-Aug 9th Olympic Games, Tokyo, Japan **RESCHEDULED TO 2021**

July 20th-Aug 1st World Masters Track Championships, Toronto, Canada **CANCELLED**

July 26th QA Road Walk Championships Venue Murarrie TBC

August 30th AA Winter Road Walk Championships / AFRWC Carnival Melbourne TBC

August 30th Australian Masters 20km Championships Adelaide

November 15th Pan Pacific Masters Games 10km Road Walk Runaway Bay Gold Coast

Situation being monitored – check website regularly for updates

Queensland Athletics 2019/20 Registration

- Queensland Athletics registrations are due from October 1st. All athletes wishing to compete during the track season must register on line. For information regarding registering with Queensland Athletics, visit
- <http://www.qldathletics.org.au/Membership/Membership-Information>
- To renew your QA registration as a member of QRWC go to
- <https://www.revolutionise.com.au/qldracewalkingclub/registration>
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- Current financial club memberships expired 31st March 2020. If you are not a financial member of the QRWC you are required to select the option that includes club membership. All club officials, coaches, volunteers and Committee Members should register. This is a \$ 0 options and ensures that you are covered by insurance.
- **QA / QRWC Registration Fees Structure**
- QA Base Membership / Existing QRWC member \$ 12
- QA Platinum Membership / Existing QRWC member \$ 232
- QA Young Athlete Platinum / Existing QRWC member \$ 182
- QA Seniors Athlete Platinum / Existing QRWC member \$182
- Club Coach, Officials, Volunteers / Existing QRWC member \$ 0

Coaching

If you are looking for coach or would like to be part of a training squad there are a number of qualified coaches in the club: Dave Smith, Steve Langley, Noela McKinven, Shane Pearson, Robyn Wales. To search for a walks coach, see their qualifications, contact details or where & when the coach go to ;

<http://icoach.athletics.com.au/at/icoach/Search.aspx>

Racewalking Queensland

(Trading as the *Queensland Race Walking Club Inc.* ABN 59065512712)

Racewalking Queensland Management Committee 2019/20

2020 AGM POSTPONED

President: S. Pearson

Secretary: N. McKinven

Vice President. P Bennett

Treasurer R Hamann

Committee. C Goulding, I. Jimenez, S. Langley, T. Norton, S McCure, J. Westlin.

Patrons: Patrick & Maxine Sela

Registrar: T Norton

Delegates to QA: S Pearson, P Bennett

Handicapper/Results: N. McKinven

Social Media/Publicity: C Goulding

Trophy Officer: N. McKinven

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

2019/20 Registration Fees

Family \$40

Students & Officials \$15

Others \$25

Note: To register with Queensland Athletics, you must use their On-Line Registration.

Go to www.qldathletics.org.au

Race Day Fees

Students \$ 4 / Others \$6

Club Championships: Road \$8 / Track \$10

Season Ticket \$60/\$30 (for students) per athlete (for entry to all QRWC events for the season including track and road championships. Does not cover QA, AA or RWA championship and other events organised by those organisations). Recommended if you intend doing all the races during the season and it saves the hassle of trying to find coins to pay your race fees each Sunday.

QRWC Website: www.qrwc.com.au

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

QRWC race entries qrwc1955@icloud.com

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>